

# PATRONELLA

*True Form* PLASTIC SURGERY®







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## *My Personal Philosophy*

“ Commitment to excellence is the cornerstone of my philosophy, while comprehensive care and compassion are at the heart of my professional goals for my patients. I take pride in my decision to establish a respected and valued center for plastic surgery that, over the years, has paralleled my own growth as a surgeon, husband, father and person.

This pride extends to my patients as I follow them through the years and watch their lives change. I can think of no greater sense of accomplishment than to have a previous patient return based on the services they received earlier in my practice. It validates my philosophy of commitment and respect for patients and their satisfaction with our service that is requisite in our comprehensive approach to plastic surgical care. My mother always reminded me to "treat others as you would have them treat you," a philosophy that is especially pertinent when patients entrust their most precious possession to me, their health. I consider it a privilege and an honor to be given that responsibility and will work diligently, and to the best of my ability, to be a dependable guardian of that trust.

Central to my objectives is to provide a safe and intimate environment that patients will find comfortable and sensitive to their needs and concerns. Ultimately, after we have provided the requested surgical and/or non-surgical procedures, we are successful if our patients look back on their experience at ACPS and affirm that they have received the best care available and will confirm that they made the right choice by selecting me as their plastic surgeon. The greatest compliment I can receive is the referral of a friend or family member to my practice. ”

*Christopher Patronella MD*



DR. CHRISTOPHER

*Patronella*

*"When I commit to a surgical procedure, I give every ounce of my skill to it."*

As a young medical resident, I was fascinated by the creativity required to excel in plastic surgery. It's a rewarding challenge I love. Every surgery is a fresh artistic endeavor, one that I customize to enhance the unique beauty of each individual.

I feel blessed to have the ability to visualize the ideal aesthetic image I seek and the expertise to create that form using techniques I've refined. While modern technology has allowed us to make great strides in this specialty, the timeless principle that is true of almost every artistic endeavor applies to this field as well: a plastic surgeon's skill in applying the tools of the craft are of far greater importance than the specific technology used.

The most rewarding aspect of my work is its transformative effect both physically and psychologically. Experience has taught me that when people have a positive self-image, they're more engaged in the spectrum of daily activities related to work, parenting, and relationships. Patients tell me they find more joy in putting on a swimsuit and going to the pool, they feel more confident about how they look in and out of clothes, and their relationships are often improved—particularly their intimate relationships—because they feel proud, whole, and less inhibited.





# What is True Form Plastic Surgery®?

True Form Tummy Tuck®

True Form Body Contouring®

True Form Facial Rejuvenation®

True Form Aesthetic Breast Surgery®

“ The True Form Plastic Surgery® approach was born from my goal to produce authentic, elegant, and balanced outcomes. ”

For centuries, artists have sought to capture the unsurpassed beauty of the human body in sculpture, painting, and photography. In the early years of my work as a plastic surgeon, the feedback of patients mirrored my own sense that standard plastic surgery textbook methods often yielded artificial-looking results because they failed to restore the natural physical nuances which contribute to the body's overall beauty.

By studying photos of the ideal body in order to analyze the myriad of attractive details that characterize it, I incorporated steps to replicate these features in my patients' surgical procedures.

My True Form Plastic Surgery® breast, body contouring, and facial rejuvenation procedures represent the culmination of my efforts and the combination of techniques I've refined through 25 years of experience.





# True Form Body Contouring<sup>®</sup>

True Form Tummy Tuck<sup>®</sup> | Mommy Makeover | Body Lift | Liposuction | Arm Lift  
Fat Grafting | Post Weight Loss Surgery

## Key Elements

### 360° HARMONY

The creation of ideal proportions and balance between the upper and lower body is a fundamental element of Dr. Patronella's approach. Using techniques such as skin excision, fat removal and fat grafting, Dr. Patronella incorporates transition sculpting to smoothly blend the appearance of adjacent anatomical regions. This prevents harsh edges and artificial-looking contrasts such as a beautifully-toned abdomen next to a thick waistline.

### 3-D CONTOURING

**(Anatomy Defining Progression Tension Suture Technique)** To achieve elegant, authentic-looking results, Dr. Patronella combines strategic fat removal and an anatomy-defining internal suture technique to reproduce the soft contours you see on an attractive, toned abdomen.

### FAT GRAFTING

With fat grafting, Dr. Patronella removes excess fat from areas where it is unwanted and transfers it to more desirable regions in order to highlight and accentuate contours. For example, by taking fat from the waist and placing it on the hips, he sculpts the hourglass curves many women request. The result is a more attractive, youthful profile and proportions.

### NO DRAINS

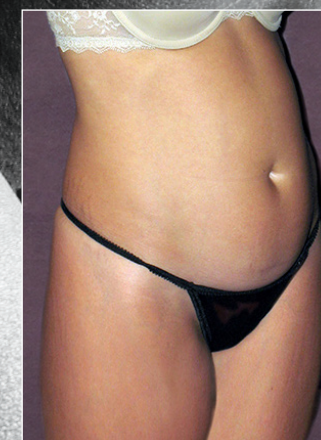
Dr. Patronella uses progressive tension sutures to close the spaces where fluid can accumulate. This eliminates the need for his patients to wear bulky, uncomfortable drain tubes following surgery. Traditional body contouring surgical procedures require drains, sometimes in place for weeks, to remove natural body fluid that can accumulate after the procedure.

To further enhance his patients' comfort, Dr. Patronella offers a 3-day anesthetic (Exparel), which is injected during surgery. Most patients who have this injection find their pain more manageable and feel more comfortable getting up and moving around following surgery, which ultimately accelerates recovery.

### SCAR TREATMENT

Dr. Patronella implements a Scar Recovery Program to help diminish post-surgical scars when used daily. This regimen begins 6 weeks after body contouring surgery and continues for 6 to 12 months. Patients apply a series of topical products which have been selected to reduce scar appearance. To produce optimal results, patients frequently combine the Scar Recovery Program with a series of scar-diminishing laser treatments in Dr. Patronella's spa and rejuvenation center.

“ Through 360-degree contouring, I am attentive to changes that have occurred not just to the front of the body, but to the back and sides as well. ”



BEFORE



AFTER





“Rejuvenation procedures should create a refreshed appearance while preserving the unique characteristics of an individual’s face.”



BEFORE



AFTER

# True Form Facial Rejuvenation<sup>®</sup>

True Form Face Lift<sup>®</sup> | Neck Lift | Eyelid Lift | Brow Lift | Nose Surgery | Otoplasty

## Key Elements

### A MULTI-DIMENSIONAL TREATMENT

In determining the most effective facial rejuvenation strategy for a patient, Dr. Patronella evaluates and treats the four primary factors which contribute to the facial aging process:

1. Soft tissue descent (sagging on the face, neck and jowls)
2. Skin laxity
3. Skin quality
4. Volume loss: hollowness under the eyes, temples, tear troughs and around the mouth

Neglecting any one of these four factors may lead to artificial-looking results. Over time, most adults experience a loss of bone structure as well as a decline in the quality and quantity of deep tissue muscle and fat. Restoration of this lost tissue is key to attaining a healthy, youthful facial appearance.

Dr. Patronella uses micro fat grafting to rebuild the facial architecture. In addition, he frequently incorporates skin laser treatments and other rejuvenation procedures to improve skin tone and texture. He works closely with his aesthetic nurses and skin care specialists to provide the best skin care products and nonsurgical treatments to help patients maintain and enhance their results.

### BALANCE

Though patients often focus on one or two aged features such as jowls or loose neck skin, most will also have other aged facial features such as fine lines and wrinkles around the mouth. If these remain unaddressed, they result in the patient looking partially rejuvenated—an unnatural-looking, less than optimal outcome. To avoid this, Dr. Patronella assesses each aging facial feature to determine a strategy that will achieve balanced rejuvenation.

### METICULOUS DETAIL

Dr. Patronella is attentive to a myriad of details in order to avoid any tell-tale signs of surgery. For example, as part of a face lift procedure, he pulls the tissues vertically rather than horizontally because the tissues descend vertically with aging. This creates more authentic-looking results and avoids the artificial "wind-tunnel" look.

He is careful to apply an equal distribution of lift to each area of the face, as pulling any one area excessively could lead to an artificial look. By placing incisions in the natural creases of facial features such as the eyelids and ears, subsequent scars are very hard to detect.



# True Form Aesthetic Breast Surgery®

True Form Breast Augmentation® | Breast Lift | Breast Reduction | Breast Fat Grafting | Revision Implant Surgery

## Key Elements

### IDEAL AESTHETICS

To create a breast appearance that is as close to an aesthetic ideal as possible, Dr. Patronella uses the following features as artistic guidelines:

- Breast folds are appropriately placed with symmetrical definition.
- Breasts display a soft outer curve and do not appear too widely separated.
- Nipples are equally aligned and placed.
- Breasts are well-proportioned and of equal size and shape.
- Breast implant placement and projection is balanced.

Dr. Patronella is known for his surgical finesse with breast surgery by both physician colleagues and patients alike. His surgical courses at home and abroad focus on artistic and technical skill, as well as how to predict results when certain anatomical characteristics or asymmetry are present.

This expertise allows him to tailor a procedure to a woman's unique physique. The failure to identify and address any one of these individual characteristics can lead to disappointing surgical results.

### THESE ARE THE ANATOMICAL ISSUES HE EVALUATES DURING A BREAST CONSULTATION:

#### Physical Frame

A woman's unique frame, stature, and build must be assessed to determine the range of implant sizes that will best fit her size.

#### Rib Cage Structure

Because the rib cage impacts the position and projection of the breasts upon the chest, any unusual or subtle asymmetries of the ribcage must be identified.

#### Amount of Existing Breast Tissue

This factor influences the recommendations for implant size, type and profile. For patients who have relatively little breast tissue, silicone breast implants generally deliver a more natural look and feel than saline implants.

#### Breast Asymmetries

It is important to assess any differences between the breasts' size, nipple position and the amount of skin and tissue present on one side compared to the other.

“ There are many things we can do to balance any perceptual differences between the breasts. This might involve adjusting the level of the breast crease or varying implant sizes or profiles. ”



BEFORE



AFTER





“ Today’s business climate has never been more competitive, motivating men to maintain their edge by projecting a more confident, dynamic physical presence. ”

# True Form Options for Men

[Gynecomastia](#) | [Male Tummy Tuck](#) | [Ab Sculpting](#) | [Liposuction](#) | [Facial Rejuvenation](#)

Men have discovered that an integral part of maintaining vitality professionally and socially is acknowledging the intimate association between looking and feeling one’s best. Fortunately, we have numerous surgical and nonsurgical options which give them the inconspicuous, youthful change they desire.

## Body Contouring

New minimally-invasive surgical techniques can dramatically restore a slimmer, more athletic male physique.

### Liposuction

Lipocontouring of the abdomen and waist is one of the most common procedures men request. As long as skin tone is reasonably good, lipocontouring can eliminate areas of fat that have been resistant to diet and exercise.

### Gynecomastia

A universally common and often concealed concern for many self-conscious men is enlargement of the male breast known as gynecomastia. Our advanced method of male breast reduction, through a combination of minimal incision-direct tissue removal and liposculpting of the chest to uncover muscular definition, provides a natural masculine transformation.

### Ab Sculpting

To create "six-pack" ab definition, Dr. Patronella thins the abdominal fat pad and uses a fine cannula to remove fat around the underlying musculature.

### Male Tummy Tuck

With advances in weight reduction surgery over the last two decades, many men are exploring options to remove loose, sagging skin that commonly results from large weight loss. When performing a male tummy tuck, Dr. Patronella removes redundant skin along the waistline to create a tighter, toned abdomen. The scar can be hidden beneath the waistband of swim trunks or underwear.

### Facial Rejuvenation

Many men find that excessive skin and fat under the chin has developed with advancing years, creating a "double chin" or "turkey gobbler neck." Dramatic improvement of this area can be improved through liposuction and neck lifting, which Dr. Patronella frequently combines with face lift surgery to tighten sagging tissues and restore jawline definition.

Dr. Patronella recommends that men of all ages invest in long-term skin care to maintain a healthy, refreshed appearance. At his spa and rejuvenation center, his team of aesthetic nurses and skin care experts customize products and treatments to a person's unique needs. In addition to a variety of skin care products, they offer a variety of nonsurgical treatments including cosmetic injectables, microdermabrasion, and laser treatments to improve the skin's tone and texture. Many of these options are inconspicuous and easy to do in the privacy of Dr. Patronella's medical spa.



# Dr. Patronella Awards & Honors

Throughout his career, Dr. Patronella has won some of plastic surgery's top awards and honors. Here are some of the highlights.



Dr. Patronella has been a three-time winner of awards from MyFaceMyBody Global Aesthetic Awards, considered the "Oscars of the Aesthetic Industry." MyFaceMyBody celebrates and honors those considered the best of the best in the beauty and aesthetics business. The panel of judges, which included some of the most brilliant minds in the aesthetic industry, selected Dr. Patronella from hundreds of applicants across the globe.

## NEWSWEEK: AMERICA'S BEST PLASTIC SURGEONS



Dr. Patronella was honored to be recognized in Newsweek's list of America's Best Plastic Surgeons featuring the top 150 plastic surgeons for breast augmentation, liposuction, facelift and rhinoplasty. More than 2,000 medical experts (doctors/surgeons, plastic surgery clinic managers and health care professionals) were invited to participate in a survey to determine the nation's top plastic surgeons. They evaluated the plastic surgeons on the quality of the surgical procedure, results, and follow-up care. In 2021, Dr. Patronella was one of fewer than 10 plastic surgeons in Texas to earn the "America's Best Plastic Surgeons 2021" award in three categories: breast augmentation, facelift, and liposuction. And in 2022 he made the elite list again as one of America's Best Plastic Surgeons for facelift surgery and breast augmentation.

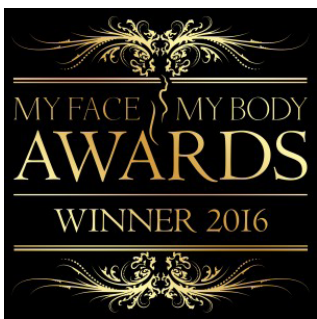
### SURGICAL FACE MAKEOVER OF THE YEAR, U.S.A.



### MALE PLASTIC SURGEON OF THE YEAR, SOUTH U.S.A.



### BEST AESTHETIC PRACTICE IN TEXAS



### TEXAS MONTHLY'S SUPER DOCTORS TEXAS HALL OF FAME



### THE "ULTIMATE 100 GLOBAL AESTHETIC LEADERS"



Physicians and Houston-area residents have repeatedly named Dr. Patronella one of the top doctors for plastic surgery in annual magazine polls. Dr. Patronella was selected for the Super Doctors' Texas Hall of Fame for attaining "a high degree of peer recognition and professional achievement." This honor is given to only 10% of all Texas physicians based upon the nominations of their peers.



# Dr Patronella

## Awards & Honors



Dr. Patronella was invited to present his extensive abdominoplasty (True Form Tummy Tuck®) expertise to plastic surgeons at the International Society of Plastic Surgery's meeting in Panama City, Panama.

"I'm intensely perfectionistic in my approach to surgery, always striving to develop and refine techniques that will improve patients' results, comfort and safety. I'm honored that many of these techniques have been published, and I teach these procedures to plastic surgeons at home and abroad. My goal is to share my experience and refinements so that other qualified plastic surgeons may adopt my techniques, also providing their patients with more satisfying outcomes."

### SPEAKER

Dr. Patronella is an in-demand speaker at plastic surgery conferences throughout the world, where he enjoys sharing the techniques he's developed to advance the art and science of plastic surgery.



Dr. Patronella gives his acceptance speech for the Italian Flame Award, which honors Italian-American medical professionals for contributions to the medical field.

### AUTHOR

Dr. Patronella has published numerous articles in national and international journals and plastic surgery textbooks highlighting techniques and strategies to improve results, safety, and recovery. His acclaimed abdominoplasty approach, the True Form Tummy Tuck®, was spotlighted as the "Featured Operative Technique" in the prestigious Aesthetic Surgery Journal (ASJ) in Nov./Dec. 2015. In addition, it was featured in the International Society of Plastic Surgery's periodical in a special report on the most exciting abdominoplasty advances around the globe.

Dr. Patronella has been invited to contribute chapters to plastic surgery books on topics which include improving the outcome of combined breast lift and breast augmentation procedures, surgery for the massive weight loss patient, and fat grafting to the buttocks.

He is a two-time winner of the Fox Award for the best paper at the Texas Society of Plastic Surgeons' 2008 and 2015 conferences. He received these honors based upon the votes of plastic surgeons who attended these events.



### PROFESSOR



As a clinical professor of plastic surgery for the University of Texas Medical Branch in Galveston, Dr. Patronella is strongly committed to educating the next generation of plastic surgeons by mentoring residents from university training programs in Houston and Galveston.



"I look back at my career and recognize that it was made possible by the knowledge, skill and experience that was imparted to me by my mentors. It follows naturally that it is my responsibility to do the same for those who will be providing care for the next generation."

### SAFETY INNOVATOR

In addition to his reputation for surgical precision and artistic excellence, Dr. Patronella is respected for his significant contributions to advance the safety of plastic surgery procedures.

- His landmark liposuction safety article won the best paper in America in 2008 from the American Society for Aesthetic Plastic Surgery (ASAPS) and effectively made body contouring safer for every patient.
- As an instructor for the ASAPS Liposuction Safety course,

Dr. Patronella presents his tips to plastic surgeons across the nation at the group's annual meeting.

- Dr. Patronella developed a technique to greatly reduce complications in combining breast augmentation with breast lift surgery — a traditionally challenging combination.
- Dr. Patronella's protocols to improve the safety of breast and body contouring procedures have been published in plastic surgery's most prestigious journals and books.





Clinic Room

"It's my responsibility to understand my patients' concerns and goals and then educate them about the procedure(s) that will best achieve the results they seek and provide them with a balanced, harmonious look, even if this differs from the surgery in which they initially expressed interest.

"I strive to set realistic expectations, helping them understand the unique challenges and limitations, while also demonstrating the significant improvements that I expect. I believe most patients appreciate my straightforward approach. My more than 25 years of experience gives me the advantage of better understanding both the successes and limitations that a particular surgical procedure can provide for each unique physical condition and anatomical variation.

"The prepared, informed patient is far easier to care for after surgery. I welcome the challenge that informed patients provide and appreciate thoughtful questions that allow me to be more thorough with my approach for each aesthetic concern, giving me the opportunity to explain what and why I do what I do."

## Your Consultation with Dr. Patronella

"I am most proud of my finest achievement: an incomparable and dedicated staff who have been by my side for an average of 15 years and some for 25 years. We constantly evaluate our processes to ensure patients are well-informed and cared for in a compassionate manner, with safety, responsiveness and continuity."

**"Every surgery is a fresh artistic endeavor customized to enhance the unique beauty of each individual."**



Waiting Room



Consultation Room



# PLASTIC SURGERY VIRTUAL CONSULTATION



*“I’ve found that my patients who have virtual consultations are consistently satisfied with their experience and results. This has generated an expansion of my practice demographic beyond Houston, as we are accommodating many out-of-town and international patients.”*

As a convenience to our out-of-town patients and those for whom an in-office consultation is not easily accessible, we are pleased to offer the option of a preliminary video conference with Dr. Patronella. This serves to provide educational information regarding options for surgical procedures but does not replace the pre-procedure, face-to-face evaluation and physical examination for final determination of your suitability for plastic surgery and a final treatment plan.

To save time and travel expenses, many of our patients, particularly those traveling from out-of-town, opt to schedule the pre-procedure evaluation a few days before surgery. If you are interested in doing this, Dr. Patronella's patient coordinator can assist you with scheduling convenient appointment and surgery dates and provide you with accommodation recommendations close to Dr. Patronella's office and state-accredited private surgery facility.



## Out-Of-Town Patients

Dr. Patronella and his staff are accustomed to caring for the needs of patients who travel from all over the world. His office and surgical center are conveniently located next to outstanding accommodations, restaurants, and shops; his staff can assist you with recommendations. If you are traveling from another state or country, you can be assured we will do everything we can to make your experience smooth and positive.





# ACPS Surgery Center

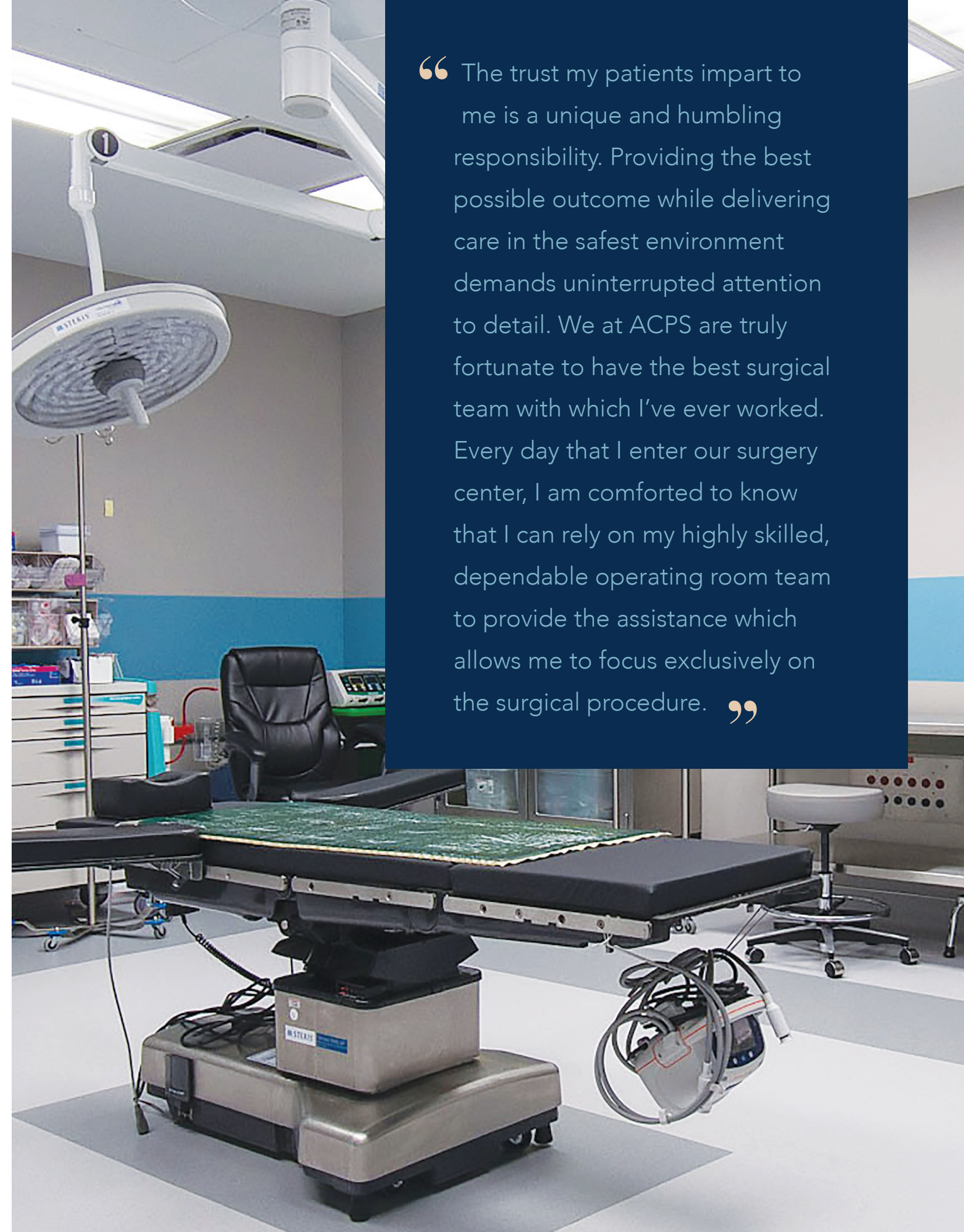
“Every job is a self  
portrait of the person  
who did it;  
autograph your work  
with excellence.”



Dr. Patronella's private surgery facility has state-of-the-art surgical and anesthesia equipment, and it is accredited by the Texas Department of State Health Services and the American Association for Accreditation of Ambulatory Surgery Facilities (AAAASF)—considered the gold standard in accreditation of free-standing ambulatory surgery centers. This signifies the highest standards for equipment, operating room safety, personnel and surgeon credentials, and sterilization are implemented. The ACPS SurgiCentre offers four operating rooms, preoperative consultation rooms, and postoperative recovery suites, all staffed with medical professionals who have been hand-selected by Dr. Patronella and his group.

Dr. Patronella maintains a multilevel approach to maximize patient safety throughout the patient experience:

1. Preoperative preparation with thorough medical history review and anesthesia clearance is performed for each patient before surgery.
2. Board-certified MD anesthesiologists administer anesthesia and monitor patients throughout the entire surgical procedure.
3. Prophylactic anti-infection protocols are enforced.
4. Highly experienced nursing staff and surgical assistants provide surgical and postoperative patient care.
5. Overnight recovery and home health care is provided by qualified medical professionals.
6. Frequent postoperative visits are scheduled to monitor progress and optimize recovery.



“ The trust my patients impart to me is a unique and humbling responsibility. Providing the best possible outcome while delivering care in the safest environment demands uninterrupted attention to detail. We at ACPS are truly fortunate to have the best surgical team with which I’ve ever worked. Every day that I enter our surgery center, I am comforted to know that I can rely on my highly skilled, dependable operating room team to provide the assistance which allows me to focus exclusively on the surgical procedure. ”



# What to Expect

## STEP 1

### Reception and Waiting Area

On the day of your procedure, you and your designated caretaker will enter our reception-waiting area where you will be welcomed and checked in by our receptionist.

## STEP 2

### Your Private Room

An ACPS nurse will escort you to your private room and provide you with a change of clothing in preparation for your surgery. As an extra step of caution, the nurse will review your medical history with you. In addition, one of our board-certified anesthesiologists will review and confirm with you any additional medical questions that may remain and will explain what the anesthesia experience will be like. Afterwards, Dr. Patronella will visit with you and mark you for surgery.

## STEP 3

### Operating Room

Your nurse will walk you to the operating room, and one of Dr. Patronella's board-certified anesthesiologists will administer anesthesia to you as Dr. Patronella prepares for your procedure.

## STEP 4

### Recovery

At the conclusion of your surgery, you will be transported on a stretcher to a recovery room where your nurse will care for you and monitor your recovery. The nurse will give your caretaker postoperative care instructions.

## STEP 5

### Discharge from the ACPS Surgery Center

When your initial recovery from surgery is complete, an ACPS nurse will transport you in a wheelchair to the vehicle which your designated driver will be driving to your recovery accommodations.

## STEP 6

### Home Health Care

Dr. Patronella offers his patients recovering in the Houston area a private visit to their homes or hotel accommodations a day or two after surgery from a certified medical professional who monitors their recovery, changes bandages, and educates patients' caregivers regarding appropriate care techniques. This member of the ACPS team provides Dr. Patronella with a recovery update, which allows him to address any potential concerns.





# Rejuvenation Center & the Spa

With its modern Italian décor, Dr. Patronella's elegant Spa and Rejuvenation Center is an oasis for the senses where guests can relax and renew while receiving one of many effective nonsurgical and minimally-invasive treatments that we offer for the skin, face and body.

*"My medical spa, ACPS - The Spa and Rejuvenation Center, offers a full array of services to manage each patient's individual needs. We have available cutting-edge technology such as radiofrequency and laser devices for nonsurgical rejuvenation of the face and body."*



ACPS spa team members, which includes our skin care specialists and nurse injectors, continually hone their expertise on the latest techniques and products to give you the best aesthetic results possible!

Every year they advance their skills by attending education-focused meetings sponsored by The American Society for Aesthetic Plastic Surgery (ASAPS) and The Society of Plastic Surgical Skin Care Specialists (SPSSCS).

## RECEPTION AREA

When you arrive to our Spa & Rejuvenation Center, you will be greeted by our friendly receptionist who will check you in for your treatment. In this area, we invite you to peruse the many pharmaceutical-grade skincare products and skin-friendly cosmetics we offer and customize to your needs and goals. We carry items from the most innovative leaders in skin care including:

- SkinMedica®
- ALASTIN Skincare®
- NEOCUTIS
- SkinCeuticals®

In addition to offering numerous products that will protect, maintain and enhance your skin's youthful look and glow, we offer post-procedure product kits designed to support your skin's healing and renewal after having one of our skin laser treatments.

## SERENITY ROOM

Slip into a monogrammed robe and slippers, then enjoy relaxing and renewing in the Serenity Room before and after your appointment. Savor a cup of herbal tea or seasonally-infused water while you gaze at the beautiful chandelier and artwork. Or simply close your eyes, and take in the peaceful scents and sounds. This time is yours.

## INJECTABLES

The gold standard in anti-aging treatments, we provide our patients with the best FDA-approved injectable fillers on the market. No two patients are alike, which is why our providers provide customized treatment plans for each patient. It's not uncommon for most 1st time filler patients to receive a treatment plan that includes multiple syringes to achieve the best outcome. There is an art to injecting filler; it takes a skilled injector to provide natural looking results, which is why our providers receive regular continuing education and are trained in the most advanced injection techniques.

- Restylane® Lyft
- Restylane® Silk
- Restylane® Kysse
- Restylane® Refyne
- Restylane® Defyne
- Restylane® Contour
- JUVÉDERM® VOLBELLA®
- JUVÉDERM® VOLLURE®
- JUVÉDERM® VOLUMA®
- Revanesse® Versa™

## LUXURY FILLER

ACPS is one of the 1st in the U.S. to offer the first and only FDA-approved HA filler collection for dynamic facial wrinkles and folds, RHA®. Ask your provider for more information on this Swiss-made luxury injectable filler.

- Revance® RHA 2
- Revance® RHA
- Revance® RHA 4



### FAT REDUCTION

When surgery isn't an option, or you have only a small pocket of stubborn fat, we offer FDA-approved, scientifically-proven solutions for fat reduction.

- CoolSculpting®
- EVOLVETrim
- Kybella®

### CELLULITE TREATMENT

Get rid of cellulite dimples with the only single, in-office medical aesthetic procedure that delivers noticeable, long-lasting results.

- Avéli
- Cellfina®
- Qwo®

### HAIR SOLUTIONS

PRP (Platelet Rich Plasma) is one of the best treatment options for both men and women who are concerned about thinning hair. At ACPS, we offer an exclusive blend of your own PRP + Acell MicroMatrix®, a wound healing product, that can extend and enhance your hair growth results. For those looking to get rid of unwanted hair, we offer laser hair removal.

- Laser Hair Reduction
- PRP for Hair Growth
- Enhanced with ACell® PRP for Hair Growth

### SKIN TIGHTENING SERVICES

Did you know the skin's collagen production begins to slow down as early as age 30? Our noninvasive to minimally-invasive skin tightening treatments can help jump-start collagen production, giving you a sleeker neck, lifted brow and a more defined jaw line. Plus we offer skin tightening on problem body areas like the abdomen, arms, knees and elbows.

- Evoke
- EVOLVETite
- FaceTite®
- Morpheus8
- Ultherapy®

### SKIN REJUVENATION

Fresh, glowing skin is the foundation of a youthful, healthy appearance. Our knowledgeable skin care experts specialize in helping you achieve and maintain radiant, youthful-looking skin at every age with our skin rejuvenation treatments.

- Clear+Brilliant/Permea (Light Therapy)
- Fraxel®(Laser Resurfacing)
- Forever Young BBL™ (Light Therapy)
- HALO™ (Laser Resurfacing)
- MicroPen® (Microneedling)
- MicroPen® with PRP (Vampire Facial)
- TRL Laser (Laser Resurfacing - Aggressive)

### SPA SERVICES

We offer traditional spa services including chemical peels and microdermabrasion, but our most popular spa treatment is our DiamondGlow® hydrating facial. DiamondGlow® is a patented, noninvasive, 3-in-1 treatment that simultaneously exfoliates, extracts and infuses skin with condition-specific serums for an all-inclusive treatment in one step. DiamondGlow® provides immediate and long-lasting results for all skin types with no downtime.

- Chemical Peel (SkinMedica & SkinCeuticals)
- DiamondGlow® Hydrating Facial
- DiamondGlow® TNS Advanced+
- Microdermabrasion
- VI Peel

### VAGINAL REJUVENATION

Excessive stretching of the vaginal muscles is a common occurrence after vaginal birth or due to aging. ThermiVa is a nonsurgical procedure that stimulates collagen development to help tighten skin and tissue.

- ThermiVa®

### TONING/MUSCLE STIMULATION

Our "hands-free" gym works by emitting electrical muscle stimulation (EMS) to stimulate involuntary muscle contractions to target specific muscle groups for increased strength and a more refined look.

- EVOLVETone

### FACIAL REJUVENATION - PDO THREADS

Facial threads can provide results that are instant, improve with time, and leave no scars! They are made of absorbable surgical sutures composed of polydioxanone (PDO). These sutures have been used in cardiac surgeries for the past 60 years and are the safest materials to be implanted in the body.

- NovaThreads

### SWEAT REDUCTION

miraDry is our FDA-cleared nonsurgical treatment that uses thermal energy to create heat in the underarm area where bothersome sweat and odor glands reside and safely eliminates them. The treatment is clinically-proven to produce an average 82% in sweat reduction and 89% in odor reduction.

### WRINKLE REDUCERS

The #1 treatment at the ACPS MedSpa are our wrinkle-reducing treatments. They can smooth and rejuvenate your look with no downtime. Most patients need a minimum of 25 units, but it depends on how many areas are being treated.

- BOTOX®/DYSPORT®
- JEUVEAU®

### POST SURGICAL CARE

Ask about our #1 post-surgical treatment NuEra® Tight, formerly known as ThermiSmooth. Many patients describe the treatment as resembling a "hot-stone massage." It is geared towards softening of scar tissue, increased drainage and skin tightening. Treatments are performed 2 weeks apart and as soon as 3 weeks post-op depending on your type of surgery.

### ACPS SCAR KIT

We have created our signature ACPS Scar Therapy Kit from the best physician-dispensed skincare products on the market. When used together these products are proven to diminish the signs of scars while improving skin tone and texture. Kit includes:

- NEOCUTIS® BIOCREAM
- SIENTRA® BIOCORNEUM® SPF 30
- SKINMEDICA® RETINOL COMPLEX 0.25







PATRONELLA

*True Form*

PLASTIC SURGERY®